

How to Get What You Want

Tips and Techniques That Reveal
How to Finally Get What You Want

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How to Get What You Want

Visualization is by far one of the most powerful tools for good setting and attracting what you want. Yet few people know how to properly visualize. With the right technique you can begin to see outstanding results in successfully attracting what you want, granted you full apply what you learn.

First you are visualizing all the time. You may not be aware of it but you are always conjuring up images in your mind. When you are speaking on the telephone to someone you are most of ten times trying to see in your mind what they are telling you. You also visualize when you are deep in thought. When you are worrying about paying your debt or worrying about the way you would really like to live your life you are also visualizing what you want.

The hard part however is to use that creative force to actually attract the things you want. This is where many people go terribly wrong.

Here is a great test to help you understand the most effective way visualize. Think of the last time you were deep in thought. Now try to remember what that felt like. If you can recall that time, you will notice that you were deep inside of yourself. You were unaware of anyone or anything and as you were allowing yourself to visualize you could feel clearly that you were having the experience as if it were real. That is the power of visualization.

When people ask all the time How do I visualize the things I want, I tell them the same way you visualize the things that you don't want. You see when you are feeling anxious and fearful you lock yourself away in your inner mind with those images. You loose sight of other possibilities and if it is something that happened to you, then you recreate it in its full detail with all your emotions all over again.

Try to immerse yourself with full emotions when you are trying to create the things you want. Many thoughts may come to distract you but if you will redirect your mind to what you do want your mind will be trained to hold that thought.

There are many tools and techniques that can greatly empower your ability to visualize if you really have a hard time. You can add extreme magnetism to any mental image you want to create as long as you apply the right technique.

Manifestation is the results of your thoughts and another great way to attract things into your life. Sounds simple if you are already a manifestation student but do you really believe it and live by it.

What we focus on expands, so what are you manifesting?

Why not stop and think about it, what you are manifesting right now.

How do you feel about what you are manifesting and do you feel like it is your creation?

You may have some doubts about this but you are already an expert at manifesting? Some of the things people most desire to have, or to improve in their life are money, a loving relationship, a successful job, great health, nice house, and a new car. Most people just dream about these things, but never actually obtain them. What people don't realize is that all of these things can be theirs through the power of manifestation.

Manifesting ones desires is a science. There are laws that govern the process of materializing wishes seemingly out of nothing. Once these laws are complied with, anyone can make their dreams a reality. This may seem very unbelievable to some, but the truth is it's very real.

The Law of Abundance- Everything you desire begins in your mind and it is the mind that brings these thoughts to life. Your outer state of being is the manifestation of your thought. Therefore, to obtain the things you desire, you have to first set your mind to it. Vital self-empowerment skills will help you mentally transform a thought into a material manifestation.

You will learn how to change your expectations in order to change your life. We live in a Universe of abundance, although most others appear to view it as a Universe of scarcity. Thoughts such as others are more talented, more deserving, and more gifted than you only hinder you from living abundantly. If you are possess these same thoughts, don't worry, there is hope for you! You can learn skills to activate self-actualizing power through these Laws to live with wealth, financial freedom, and success.

Abundance does not mean mere accumulation of material wealth. Happiness, peace of mind, harmony, optimal health, being in loving relationships, and having a strong sense of your True Self are also part of this universal abundance. This abundance comes into a person's life only when he facilitates its free flow from him and through him. There are also other ways to increase abundance in your life. Add time to your day, simplify, or make a difference in the world. For example, volunteer work and meditation are good ways to increase abundance. Be more open-minded and open to new

possibilities. Try to only surround yourself with positive influences such as people and things. Take control of your thoughts and start manifesting your desires today!

Just look at everything around you and all the experiences that you have been having.

If we can move forward from that belief that we are already creating the things that are in front of us, we can also think that it is possible to change what we are manifesting.

So if manifestation is a given, then how do we change what we are manifesting. Focus on what you want: Focus on the feelings of what you want and feel positive about it, positive about having it, feel good in your body and emotions.

The opposite of this is to focus on not having it and that we should have it. This is an important point so think about this for awhile. Think back to the experiences that you have had and how you felt about those things before they were delivered. Think about things that came easy and things that were difficult. Use your own experiences to take this point to a deeper level deeper.

Start to take inspired action towards having what you want. Inspired action means to take action with awareness of how it makes us feel as we move towards having what we want. Taking action with awareness allows us to know when we are coming across some limiting beliefs and to recognize the negative voice that tells us to stop or change direction.

The simplest method to follow when we hit a negative belief, it to just ignore it and replace it with a positive one. This may take some repetition but it is well worth it. There are plenty of other techniques for belief change which can be used at a later stage. Starting the ball rolling is the most important thing at first.

Continue to take action with awareness and you will know when you making the decisions that will support what you want. If you get off track, just laugh and get back on again.

Choose what resources you would like to help you and stay aware for their delivery. Personal growth is a lot about knowing who we really are and using conscious manifestation is a great tool to learn a lot about ourselves. When you master conscious manifestation you will also realize at a deeper level that it was really you who created all those experiences.

Attraction is a very powerful tool to use to get what you want, if you know the proper way to use it.

People interact with each other on a daily basis, and most times this is because one person needs something from the other. Getting others to do what you want them to do is simple, when you know how to do it.

In the business world, for example, you may have a product or service to sell while the other person is looking for such a product. To sell your product or service to them, you will have to convince the other person that he will be satisfied with the

services you render according to his needs. In other words, the way to get anybody to do what you want is to make them want to do it. Trying to get what you want through intimidation or force is asking for trouble. Yes, it's possible but not advisable to use forceful methods, because the results are short term and can even be disastrous.

So how do you get others to do what you want? Simple. Give them what they want. That is the secret to attraction. And what is it that people want? Good health, love, and financial security are the basic desires of people.

But there is one important, yet intangible, thing everybody wants more than anything else, and that is to be appreciated. Being appreciated and complimented makes a person feel important. When you feel important, you feel needed and wanted, and this gives you a reason for existing.

So, how do you make someone else feel important? Tell them. Show them. Give appreciation freely, honestly, and without reservation. Saying how appreciative you are for a favor received or a job well done will make the other person feel important and respected.

You may not be able to describe in words how being appreciated makes you feel when you're the recipient, but you know that what you feel is real and priceless. To get what you want through attraction, show the other person that – if he does what you want him to do – it will, in turn, make him feel important.

Let's take charity for example. You want a contribution from a prospective donor. Even before the act of giving itself, the donor expects some form of appreciation from you and this, in turn, will give him a feeling of importance. But appreciation doesn't necessarily have to be expressed in words. A smile and a handshake could be sufficient, and they can come from both you and the donor. The donor shows his feeling of being appreciated, while you show

your appreciation for the contribution. A chemistry takes place. It's a feeling both parties would enjoy happening many times over.

So, to get others to do what you want them to, you must give them something first. Make them feel special, important and appreciated. But, be aware, your feelings must be genuine. You must truly appreciate the person as a fellow human being, and not just because they are doing something for you.

If you can truly feel that the person you are interacting with is important and worthy, and can convey those feelings to that person, you will get them to do what you want them to, and they will feel good about doing it for you. This is the most powerful way to get what you want through attraction.

The attitude that we would have is: 'The universe is lining it up just right, and the timing will be just exactly right. And I'm not doing anything wrong. I'm doing everything just exactly right. And in the perfect timing, a timing that I cannot even quite see yet, this is going to happen. And meanwhile there isn't anything else for me to do.

How is it that you all get so involved in things that have nothing to do with you? The Law of Attraction is a huge Law. So next time you find yourself thinking: 'Well, I should write one more affirmation, or I should do one more Virtual Reality. I need to do something. I must be doing something wrong, or what I'm wanting would be,' we say, what you need to do is chill out. What you need to do is relax and accept that you've done your work. You've asked; the Universe is doing its work; it is answering. Your work is to get into this place where you joyfully receive it.

You can't take score about when it's coming or where it's coming, or how it's coming. In other words, you accept, in this faith-based attitude, it is coming and all is well. Then, when you really get there, then it doesn't matter how long it takes— but it doesn't take any time, then. If you could say, 'I don't care how long it takes,' you're there! And then it takes no time.

We hope you have enjoyed this book

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